

Mari Swa:

In order to truly escape the Matrix, you must live a life that less than 1% would understand. You must form your own and unique criteria, and you must be prepared to let go of friends and family who enter in conflict with that own and unique criteria of yours, in order to protect your own values and your integrity.

Be nice to them, remember that they don't have the knowledge nor the context to know why you think differently. Although your friends and family may love you, many times they simply do not have the capacity to understand you. They may finally come to understand you in time, or not. Love them as they are and remember that not everyone has the same soul mission.

You must know that the more things you have in common with what is socially accepted and agreed upon, the more you will be inside the Matrix. Just because the vast majority agrees with something does not mean that it is true, or that such collective truth applies to you and to your own values.

Take and enjoy what you like from the Matrix, that's what life is for, but always with the knowledge that this is not a single truth, that everything is an illusion, that everything there is false, except yourself, you who lives the experience, who you are, the wonderful sentient and universal being that is your true cosmic identity, a fragment of the All and the All at the same time. That is what is real. That is real!

To live there and be happy, or at least to function properly, you must live in two worlds, understanding how the Matrix works, what is socially accepted and, at the same time, upholding your own values with integrity, firmness, and consistency.

You are infinitely valuable, as valuable as can be. Never ever forget that.

There is a lot more to say about this subject, we will talk about it a little further on.

With much love.

Mari Swaruu

<https://www.youtube.com/watch?v=O55K8JYZUCU&t=2s>