

Mari Swa:

Hello again, thank you for being here with me once more. I hope you are very well today. I am Mari.

Hello, welcome to my channel. This information can be seen as science fiction or as the viewer sees best and I post it for entertainment purposes only. Still, I take my information very seriously and for whoever has eyes to see.

I am writing this on the morning of September 22nd, 2024. The physical body is a filter. Through its five or six senses, including telepathy, you can only perceive something in the vicinity of 3% of all what is. As I said in one of my recent videos about astral thoughts, I didn't know how anyone could calculate such a percentage, taking into account that the astral is immense, where each individual who can access it can only perceive what is in the range of its own consciousness and awareness, which is what dictates his or her vibration. But it looks like I have found an answer to why so many people state that the physical world we perceive as the world of the living is only 3% of everything that there is.

The 3% number comes from the white light electromagnetic spectrum human Lyrians can see with the naked eye, leaving the other 97% to all the other electromagnetic frequencies, such as infrared, ultraviolet, x-rays, gamma rays and so on, which cannot be perceived without technology and instrumentation.

Although this 3% number is valid, it is only an attempt to calculate what amount of the greater reality we can perceive with our body senses, especially with our eyes, yet it is by far not an accurate number, as the astral most certainly is not contained, nor is it defined by scientifically accepted electromagnetic ranges and spectrums, much less by those which can be detected by instrumentation. However advanced such instrumentation may be, it will not detect all the astral, even though it is proven that some of the detectable electromagnetic ranges do correspond to some parts we could argue do belong to the astral.

An example of this is when people can detect ghosts, orbs, creatures, elves, goblins and unidentified flying objects, among other things, using infrared cameras, yet all those are only visible when their existential vibration becomes compatible with the detection ranges of such technological devices. But then again all those creatures and objects also become vibrationally compatible with the visible white light spectrum we can see with the naked eye from time to time.

Everything that exists, and every existential realm, is defined by its frequency and vibration, where individuals with a soul can perceive or experience such realms when their thoughts move their vibration to be compatible with each realm, because thoughts are what steer our present and future vibration. So, every realm is a vibration, and the astral, as I know it, includes existential vibrations and their frequencies which are well outside anything detectable with technology, be it from Earth or any super advanced civilization.

Each person will define and describe the astral differently, and what one says may or may not coincide with what the others are saying. Therefore, we are all complimentary, because none of us can define what the astral is, as it is simply too immensely large and to the point where I could argue that it is all that is included in the unity of Source itself, which includes the world of the living as well.

But one of the definitions of the astral which is most useful is to relate it to the spirit world, as in the existential realm which is just below the world of the living and which is a mirror image of the material world, sometimes a bad caricature of it, as that realm is being manifested by the memories and the experiences of creatures and people who have crossed over and by the egregor manifestations of the collective unconscious.

The astral is also boiling with all kinds of creatures who have never been alive and which are only animals, many of which exist by parasitizing others, mostly those who have a biological body, as its five or six senses lock their perception away from the existential vibration of those parasites, therefore enabling them to effectively exploit those simply because they are unaware of their existence and relate their unwanted symptoms to other causes.

Some people, on Earth and elsewhere, have the capacity to astral travel at will, which is to enter those realms and do almost whatever they want there. Some species are better at astral traveling than others, but those who cannot are mostly limiting themselves because of their strong belief systems, that is because of the pet ideas they hold. For example, the Urmah are especially gifted at astral traveling, as all cats are, and human Lyrians are somewhere in between being gifted and not, depending on each individual and the culture they are a member of.

Concentrating on how human Lyrians astral travel. there are many techniques, but in my experience each individual has his or her own, and what works for one may not for another. As Yazhi and I can describe what we do is that we simply focus on wanting to be in the astral and we shift our consciousness there, sometimes moving

our perception away from our biological bodies and sometimes still conserving the awareness of what our bodies are doing.

One important thing to point out here is that we do not “move out of our bodies”, as that is a very widely accepted idea associated with astral traveling. We do not need to focus on leaving our body as many people do. We simply take it with us, in our minds, as we do not perceive our physical bodies to be any kind of impediment to jump into the astral. We don't think of it as taking our body with us. We simply become all astral, or we simply do what we do, without giving much thought to where our physical bodies are, as we enter something like a self-imposed hypnotic state, and we do so as we have had a lot of practice all our lives and also with past life experience in all this as well. This is taken much to the extreme by Yazhi Sophia who can, well, most of you know what she can do, and I'll leave it there for now here. I know what I just said may not be very useful to you who may be looking for a method to astral travel, I am just describing how Yazhi and I do it in a few words, but in a future video I will share with you techniques for astral travel which I may find useful.

Many people can astral travel at will and naturally and, ultimately, every one of us astral travels just about every day when we dream, because the oneiric worlds are nothing more than the astral. Some people may place dream worlds in another realm, but that is very subjective, as realms depend on the perception capacity of each individual soul, they depend on their consciousness and awareness, just like any other realm.

Talking about Earth and its surroundings, although this applies everywhere else as well, so many people can astral travel with a purpose that many, if not all, the governments on Earth have even effectively weaponized some parts of the astral. This is hidden from the general public, of course, although several other people online are already discussing this subject and sharing whatever they know with the general public. This is important for me because, no matter how extreme it may sound, I am not making this up. I am only informing you of what is out there.

As I described in other videos, creatures and entities on the side of the spirits do form groups and gangs. Well, government sponsored top secret projects within the military and intelligence community have developed special operations operators, members of special forces, whose task is to astral travel and serve several purposes there, most of which are the astral side of the spirits equivalent of any other special operations task force on the side of the living. Astral traveling soldiers and agents

enter the side of the spirits to attack and sabotage whatever they can and whoever they can as an assigned mission.

This adds another uncomfortable layer to the targeted individual problem on Earth, as many people do not know and have no idea why their projects and lives are always in chaos and not allowed to advance in their projects, all because of reasons which are unknown to them and which may be thought only as a case of constant bad luck. As there are astral special forces operators on one side, they are too on the other, making the astral another battlefield which most people in the world of the living are completely unaware of.

What is worse, most, the vast majority of all conflicts, not to say all of them, develop and are decided in the astral and from the astral, and the inexplicable chaos on the side of the living is only a reflection of what is going on below. As we've said before, the reason for war is war itself. all the other official reasons are only excuses.

There are all kinds of battles going on in the astral all the time, and this is far from anything new, as this is as old as time itself. There are not only battles of one side of astral special operations forces against those of rivalling groups. Most of the battles there are against forces which are classified as demonic forces and their gangs, groups and organizations, and even against dangerous and invasive astral animals, many of which are egregors and manifestations of the darkest ideas of the human collective. Unconscious.

As there is evil, so there is good, and many people classified as astral warriors go down there and do their best to counteract and contain evil forces, whatever they may be. Some astral warriors are military and part of super-secret suborganizations that belong to governments, but others are super starseeds who go down there on their own will and under their own self-imposed tasks and missions.

Many normal people with normal and even pathetic jobs in the world of the living, when they go to sleep at night, turn into fierce opponents of evil forces, and they do so because of prenatal, pre-incarnation agreements, where their job and life mission is vastly unseen from the limited point of view of the world of the living. And most of them do not even remember what they did at night or why they woke up so tired when they were asleep for many hours. Well, this is why.

Many people in the world of the living are wondering what their life mission may be, thinking of themselves as useless, a failure and without a real purpose. Yet, their

real reason to be on Earth and their true influence was never meant to be seen from the side of the living, as what really matters and where the really transcending things occur is on the astral side, particularly on the lower astral.

Dreams are never just dreams. They are not only reflections of our deepest unconscious. there is a lot more to them, especially those that we or you do not remember. The souls of those people only use their biological bodies as a forward operating base, a FOB, from which to do their essential and even critical work in the astral when asleep. Even when most of them do not remember what they did last night, all they know is that they feel they did not rest well.

This subject will continue, as there is a lot more to be said. This is an introduction to the subject. This will be all for today. As always, thank you for watching my video and for liking, sharing and subscribing for more, it helps this channel grow a lot and I hope to see you here next time.

With much love and appreciation.

Your friend,

Mari Swa

<https://www.youtube.com/watch?v=gGlc2vgnUUM>